**Highgate Medical Centre**

**Newsletter February 2020**

**Do we have your up to date details?**

The practice is enhancing the way we communicate with you. We are now sending SMS messages. These do not contain clinical details. Please ensure you update your details on-line/at reception

**Flu jabs**

Last few flu jabs available for all at risk patients and those aged 65 and over

**Patients did not attend**

Increasing number of patients who do not attend booked appointments at the surgery. 140 have been missed since 1st January! We are under a lot of pressure with appointments to please cancel your appointments online/telephone.

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SMS reminders

We are sending sms messages to patients to attend for their reviews. It is important to attend to ensure we can provide the best care for us and so the GP can authorise your medications

**NHS Health Checks**

If you’re aged 40-74 years and don’t already have a cardiovascular disease like diabetes, you are entitled to a free NHS Health check.

Book your NHS Health check today with our healthcare assistant Sarah.